

Abstract

Title: Physical self-concept of floorball players

Objectives: The aim of this thesis was to gain theoretical knowledge about body image and based on the information gained in the Physical Self-Perception Profile (PSPP) questionnaire evaluate if there is any difference between body image in floorball players at different performance levels.

Methods: Quantitative data that was collected by a written questionnaire were chosen as the primary data source. The basic file is floorball player competing under Czech floorball union. The selection sample consists of 71 floorball players, 35 playing 3 highest leagues, 36 playing other leagues.

Results: Individual questions from the written questionnaire were processed and the results were used for evaluating the hypothesis.

Keywords: self-concept, body image, men, floorball